



Madison & Preparatory High School Newsletter

SUMMER 2025

2024 - 2025 School Year Wrap Up

As the 2024-2025 school year has come to an end, we wish to take this opportunity to express our appreciation and gratitude to everyone in our Eagle family — students, parents, staff, and community members.



Our Eagle staff is delighted at the progress our students have made. In fact, every grade level met and exceeded their overall Horizon academic goals, reaching an average improvement of 70 points in their composite score this year! We are extremely proud of our students and staff for all of their effort and hard work to reach these goals!

We are pleased to have shown recognition to all of our students who demonstrated academic and behavioral success throughout the school year at our "Eagle Pride Days," honoring and rewarding them for their continued efforts.

Parents and guardians, your sustained support and feedback allow us to constantly improve and maintain our excellent standards throughout the year. Thank you for trusting in us to provide teaching and learning to your child this year!

If your Eagle is enrolled in summer school, or would still like to enroll, the first day is this Monday June 23rd. (See the attached Enrollment Form PDF file)

To make a Transportation Request for New Bethel Church - 174 Branch Street Pontiac - be sure to fill out the Summer [2025 Transportation](#) form

A final note from our IT Department:

If your Eagle still needs to return their Chromebook and/or charger, it may be dropped off at Wilkinson Middle School during the month of June to Ms. Lori @ 8am-2pm:

26524 John R. Rd, Madison Heights, MI 48071 (248-399-0455)

During the month of July, at Madison Elementary in the morning with Ms. Margi @ 8am-12pm:

27107 Hales St, Madison Heights, MI 48071 (248-542-3414)

During the month of August, at Madison High School with Ms. Margi @ 7am-2pm:

915 E 11 Mile Rd, Madison Heights MI 48071 (248-548-1800)

We look forward to seeing everyone back for the 2025-2026 school year!

Wishing you a wonderful, safe summer vacation!

MHS Administration,

Stacey Cauley - Principal & Jennifer Helchowski - Assistant Principal

EAGLE SPOTLIGHTS

Class of 2025 Graduation

Our Class of 2025 Seniors, along with our Madison District Public School Board of Education, Eagle Staff and all family & friends, celebrated the next chapter of their lives at our 2025 Commencement Ceremony! Congratulations to our top 2 Eagles in their class:

Valedictorian – Christopher Stokes

Salutatorian – Ashur Shikha

Bravo to the Class of 2025 for earning a Scholarship total of \$5,602,980 !!!

Eagles, we are so very proud of your accomplishments and are excited to hear about your future endeavors!!!





Senior Celebration Day 2025

Class of 2025 contributions to the handprint wall tradition!



June Eagle Students and Staff of the Month

Huge shout out to A'zari Bowens and Zachary Marshall, our 9th grade Eagle Students of the Month!!!

This month's theme of One Percent Better is exemplified by two of our 9th graders This powerful idea reminds us that growth doesn't always have to come from giant leaps, but rather from small, consistent improvements every day. To give you some perspective, 1% better every day for 365 days is 37.78% better each and every year!

Also a huge congratulations to our Eagle Staff member of the month Grace Sledzinski who will be retiring with 32 years of service at MDPS! We wish you a retirement filled with the same joy and fulfillment you brought to the classroom every day. You will be greatly missed!



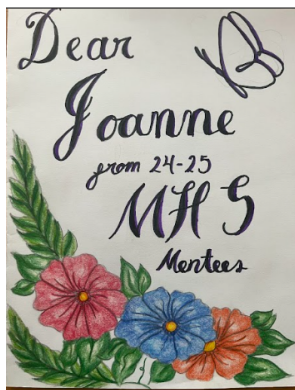
Women Of Tomorrow June Session

Our WOT mentees had a thought-provoking session earlier in June focused on boundaries. This was the perfect follow up on our May session around healthy & unhealthy relationships. Our WOT mentors guided our students in defining what boundaries are and look like. "Boundaries help us define what we are comfortable with and how we would like to be treated by others." They also "help us determine how much others can influence us, use our time and energy, and affect our emotions." Last but not least, "boundaries help us define what is and is not our responsibility." Thank you Ms. Veta for attending the session and reflecting on this important theme with our youth as well.

Our Eagles explored the theme further by participating in a role play. They made a request requiring them to set a boundary. They defined their boundaries and communicated it to their peers. As Joanne put it, you can "build this muscle of boundaries. Practice helps you to say no appropriately".

A huge shout out to our fantastic mentors Joanne and Renate! Thank you for giving our youth the tools and confidence needed for their high school journey. We're so very grateful for your time and

support volunteering with our Women of Tomorrow Eagles. We'll sure miss you as our mentors but are looking forward to having you come as professional guest presenters. A special thank you to our artist Fernanda for drawing beautiful thank you cards for our mentors!



Eagle Pride Day - Horizon/NWEA Goals

Congrats to our Eagles for meeting their individualized Horizon/NWEA goals! It's always a joy to celebrate your accomplishments during our Eagle Pride Day.

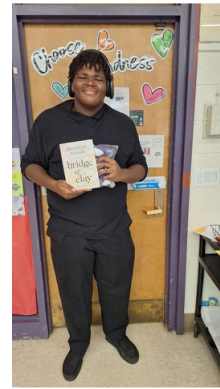
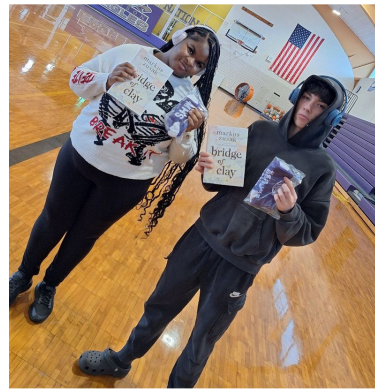
Shout out to our volunteers for helping us make this event a success! Community partner and parent Brian, CIS Faith and volunteer Kii. Our students had a lot of fun playing various games: Giant Connect 4, Football Throwing Game, Spikeball, Corn hole. We're proud of you Eagles, and you can be proud of yourselves!! Have the best summer and come back rested and strong!



PBIS May Challenge Digital Detox 2.0

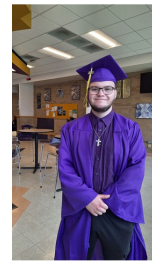
For our PBIS May Challenge, 35 students won the Digital Detox 2.0!! Way to go Eagles, you are leading the way to a healthier lifestyle and exemplary Eagle conduct. Most importantly, you understand the necessity of putting your phone away to help you better focus on your academics and be successful. Our winners received a novel, compliments of our CIS partner Birdie Book Mobile, as well as a choice of swag: an Eagle cap or socks, and open gym during their lunch time. Bravo!!





CIS MHS 2025 Grads

Félicitations 2025 Graduates! CIS Student Support Coordinator Ms. Haïette is proud of all our Seniors, and especially the team of students she has been supporting. Shout out to our CIS MHS Seniors for making it to the finish line! It takes a village to help our students be and feel successful. Shout out to everyone who made it happen, students first and foremost, parents, staff, and volunteer tutors (a huge thank you to Ms Veta for the Saturday Success)! Angel, Cory, Izzy, Josey, KD, Ken, Khainiya, Mecca and TJ: may the very best be ahead! Enjoy your graduation basket gifts!



Bikes4CISMHSAmazingMentors!

As a token of our appreciation, our Freshman CIS MHS mentors received gently used bikes and brand new helmets. Thank you for your commitment this school year to helping our Eaglets grow into the best version of themselves. Your dedication doesn't go unnoticed. We appreciate you and when we can, we like to show it! A huge thank you to CIS Data Manager Faith and our amazing partners at Bikes4Kids Detroit for making this possible. Big thanks to Mrs. Corbett for lending us your electric pump. And a special shoutout to Mr. Ketcham for making those beautiful bows.



Our 7th hour/tutoring volunteer tutors

We would like to take a moment to thank our amazing tutors who have been of great help this school year. Ms. Sandy, Ms. Veta, and Sergeant Wynne whenever he was available to assist. We're so very grateful for your generosity, your patience, your kindness and your commitment to helping our Eagles succeed. A special shout out goes to Ms. Veta with whom Ms. Haïette partnered to add additional credit recovery sessions in May to ensure our students could become 2025 Graduates! We are blessed you're all part of our beautiful village!



Freshman Jayson's mental health awareness video

Please take a minute to check out this powerful video focusing on mental health awareness that our very own Freshman Jayson created for Mental Health Awareness Month this past May. Thank you Jayson for being such a strong advocate of our school community. You make a difference, and we appreciate you!!

**As Mental Health Awareness Month came to a close, remember
mental health matters**

EAGLE EVENTS



COMMUNITY EVENTS & RESOURCES

CIS National

June is Pride Month

At Communities In Schools, we recognize the value of all students and embrace students for who they are so that they can succeed in school and achieve in life. This Pride Month, and every month, we're committed to creating safe spaces where students feel supported and have the resources they need to succeed!

#BeingPresentMatters #Pride



June Family & Community Events

Families, to find free family events in the area, check out:

<https://www.eventbrite.com/d/mi--madison-heights/free--events/family-friendly/?page=1>

<https://brilliantcities.org/detroit/> (this link also includes basic needs resources)

<https://littleguidedetroit.com/events/> (click on any event to verify pricing - some events are free)



Kids eat free locations: check the kids eat free website for deal days:

<https://kidseatfree.io/by-state/michigan/madison-heights/>

<https://kidseatfree.io/by-state/michigan/warren/>

<https://kidseatfree.io/by-state/michigan/royal-oak/>

For more info on this program: <https://kidseatfree.io/by-state/michigan/>

- Wednesday, June 18:

*6pm, **Park It! Night: Music & Movie in the Park, Madison Heights Civic Center Park.** Join us and Madison Heights Public Library as we kick off summer on June 18th! School is out and summer is finally here! This event is free to the public, come gather with friends and family in the heart of Madison Heights. Enjoy a Live DJ, bounce houses, and a movie night in the park! Bring chairs, blankets and get ready for summer with this Kick-Off classic, *Wicked* Music by 'DJ Mr. Dance' and Activities starting at 6:00! The movie will be starting at 8:15pm! Bring your own lawn chairs/blankets and snacks. Some food items may be available for purchase. The library is also kicking off the Summer Reading Program "Color Our World" so wear your favorite - pink or green! This is a drop-in event. Registration is not required, but if you do register, you will receive reminders.

*5pm, **Remembering the Corner: Wessen and Bagley,**

Main Library Area: During our Juneteenth celebration, stop by the Pontiac Public Library and indulge in an enjoyable recollection of the past. Enjoy food from days gone by. Make new friends and enjoy some old ones! Registration required: [Remembering the Corner: Wessen and Bagley June 18](#)

- From our CIS partners PAL: Summer Mini Camp Registration is OPEN

Register your 6-14 year old youth for one or all of these FREE awesome camp experiences at sheriffpal.com! #summer #WeArePAL #SheriffPAL #fun #SummerCamp2025

- Saturday, June 21:

* You're Invited to **Warren's 3rd Annual Juneteenth Celebration!**

Join us on Saturday, June 21st from 2–7 PM at Warren City Hall for a powerful and joyful celebration of freedom, culture, and community!

This year's Juneteenth Celebration will feature:

Live Music + Free Concert

Free Food from Local Vendors

Black-owned Businesses & Vendors

Inspiring Speakers

Family Fun

Bring your lawn chairs, your family, and your friends—everyone is welcome as we honor Juneteenth's legacy and continue the journey toward justice and unity.

Location: Warren City Hall, 1 City Square, Warren, MI 48093

Admission + Parking: FREE

Let's celebrate freedom together—through music, food, education, and love for our community. Co-Sponsored by the Warren Cultural Commission and County Commissioner Michael Howard.

*Juneteenth Books, Music & Arts Fair 2025, Detroit Book City, The Commons. More info & registration: [Juneteenth Books, Music & Arts Fair 2025 June 21](#)

- **Sunday, June 22:** The annual Madison Heights hometown **Arts & Pride Festival** welcomes LGBTQ folks and families alike with open arms, offering a cozy atmosphere filled with vibrant colors and creativity. Sunday June 22 @ 1 PM - 6 PM – Civic Center Park, Pavilion B
360 W 13 Mile Road, Madison Heights, MI 48071 No cost for entry, all welcome.

- **Thursday, June 26: National Canoe & Kayak Day Paddle (free)**, Lake Okonoka on Belle Isle, Detroit. <https://www.detroitriver.org/events>

- **Saturday, June 28th: Summer Reading Kick-Off**, Pontiac Public Library.

- **July 11 & 24, Aug 7: Story and Stroll** - Join a librarian for a read-along as you walk the storybook trail in Civic Center Park (MH). More info at: <https://www.madison-heights.org/2025/Visit-the-StoryWalk>

- **Free movie nights, Detroit:** it's official! We're rolling out the big screen and bringing the movie magic back to Campus Martius Park—Movie Nights in the D returns for our 2025 Summer in The Parks It all kicks off Friday, June 13 with Mufasa: The Lion King (PG). Movies begin at 7 p.m., so dust off your lawn chair or coziest blanket and save the date for an unforgettable night under the stars

Here's our full summer lineup:

- June 20 Sonic 3 (PG)
- June 27 The Fall Guy (PG-13)
- July 11 Wild Robot (PG)
- July 18 The Meg (PG-13)
- July 25 Shrek (PG)
- August 1 Step Up (PG-13)
- August 8 The Emperor's New Groove (G)
- August 15 Twisters (PG-13)
- August 22 Moana 2 (PG)

FREE and welcoming for all, all summer long! For more details and to explore other fun programs and events this summer visit: <https://downtowndetroit.org/events/category/park-events/>
#MovieNightsInTheD | #DowntownDetroit | #CampusMartiusPark | #Thingstodo | #MetroDetroit | #thingstodointhed | #movies | #movienight | #detroit | #downtowndetroit | #summer | #summerintheparks

- **Planet Fitness FREE Highschool Summer Pass.** More info and registration:
<https://www.planetfitness.com/summerpass>

- Message from our friends at MH Public Library: The **Michigan Activity Pass**, a collaborative program between Michigan's public libraries and certain statewide attractions, gives library patrons a chance to visit local destinations at a discount.

For more info, visit:

[Michigan Activity Pass: How you can get free, discounted park and museum passes in 2025](#)

- Starting **May 12 - ends 7/14: Speed, strength and agility FREE training**, Waterford. *"Whether you're an athlete looking to elevate your game or just want to boost your performance, our*

conditioning sessions are designed to push your limits and unlock your potential. All levels welcome!!

Join us at our new practice field in preparation for this upcoming season!! No registration required!" <https://www.waterfordcorsairs.org/>

- **Thursday 6/26, 7/3, 7/10, 7/17: Anime Club**, Detroit Public Library, Wilder branch. More info & registration at: [Anime Club](#)

- **2nd & 4th Fridays @4pm - Friday, June 20, July 4th: Watercolor Painting Workshop**, Detroit Public Library, Wilder branch. More info & registration at: [Watercolor Painting Workshop](#)

- **Wednesday, June 25 & July 2: 3D Model Workshop**, Detroit Public Library, Wilder branch. More info and registration at: [3D Model Workshop](#)

- **From our friends at MH Public Library: Exhibit from April 7 - June 27: For the Love of Reading: Letters to the Children of Madison Heights**, in the Library's Exhibit Space. Nearly fifty years ago, former Librarian Sharon Godfrey wrote letters to authors and influential people of the time asking for signed photos or letters to help inspire the love of reading for the children of Madison Heights. These are their replies.

Please note: Most images on display are digital scans of the originals.

- **Every Tuesday until June 24th: Traditional Yoga** presented by Brilliant Detroit. For parents/guardians:

Take a deep breath and stretch it out with us every Tuesday!

Join us for Yoga at the Brilliant Detroit Central Hub from 10AM - 11AM

Whether you're a total beginner or a seasoned expert, this is a welcoming space to move your body, find your calm, and build community

803 Hazelwood St, Detroit MI 48202

Tuesdays | 10AM - 11AM

Bring your mat if you have one - or use one of ours!

See you on the mat!

[Central Hub Yoga, Tuesdays](#)

- **Wednesdays: Knit & Crochet w/ Ms. Joyce**, Pontiac Public Library. Everything provided. Age 18+

- **Free Admission Days at Metro Detroit Museums**

Detroit Institute of Arts: Always free for Macomb, Oakland and Wayne County residents.

<https://www.metroparent.com/things-to-do/attractions/metro-detroit-museums-free-admission/>

***MOCAD (Museum of Contemporary Art of Detroit)**: free admission on the second Saturday of each month from 11 a.m.-3 p.m. **July 12, August 10.**

***Rediscover your DIA. Free general admission for Macomb, Oakland and Wayne county residents:** [Detroit Institute of Arts Museum](#)



KIDS EAT FREE

ihop Kids <12 eat free w/ adult entree every day

Denny's Every Tues, w/purchase of a \$6+ entree, a Free \$5 Pk

chili's Free kids' meal w/entree for Rewards members

TEXAS Free kid's meal per adult entree, Check local days

Ruby Tuesday Kids <12 eat free w/ adult entree, Tues-Sun 4-6 PM Fri

HH HUDDLE HOUSE Free kids' meal per adult entree - Mon & Tues

Bob Evans Kids <12 eat free with every \$9 adult meal w/ adult entree, Thurs-Sun 4-6 PM Fri

Free Kids Meal w/adult entree (offers, days & ages may vary by location)

Traditional Yoga!

Yoga offers physical and mental exercise helping to with breathing techniques, overall health and happiness, and to bring balance to the body with benefits such as:

- Balancing of the body and mind
- Skeletal joint openers
- Emotional regulation and increased coordination
- Improved energy and clarity
- And more!

yoga **Brilliant Detroit**
Creating Kid Success

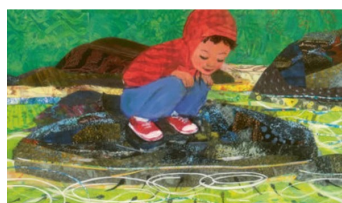
Visit our Facebook page: www.facebook.com/BrilliantDetroit
www.BrilliantDetroit.org

TUESDAYS
April 3 - June 24
5:00AM - 5:30AM
Brilliant Detroit
Central Hub
800 Woodward St.
Detroit, MI 48202

For further information, contact:
(313) 463-8086 | info@brilliantdetroit.org
Raequel Malachuk, Community Engagement Manager
raequel@brilliantdetroit.org
Carmey Kiser, Community Engagement Coordinator
carmey@brilliantdetroit.org
Megan Hays, Yoga Facilitator
mehays@gmail.com



STORY & STROLL
JULY 11, 10:30 AM - CIVIC CENTER PARK



STORY & STROLL
JULY 24, 10:30 AM - ROSIE'S PARK



STORY & STROLL
AUGUST 7, 10:30 AM: CIVIC CENTER PARK



ANIME CLUB
Presented by: Wilder Branch
DETROIT PUBLIC LIBRARY

WATERCOLOR PAINTING WORKSHOP **DPL WILDER**
2ND & 4TH FRIDAYS @ 4PM

SPEED, STRENGTH & AGILITY
IMPROVE SPEED AND AGILITY | CORE CONDITIONING | IMPROVED BALANCE & COORDINATION | PERFORMANCE ENHANCEMENT

BEGINNING
5/12
ENDS 7/14
NO REGISTRATION REQUIRED

Every Monday from 6:00PM-8:00PM
Corsairs Field
5640 Williams Lake Rd.
Waterford, MI

ALL SKILL LEVELS!
FREE TO ALL!

More Team Information:
www.waterfordcorsairs.org



EXHIBIT: APRIL 7 - JUNE 27
FOR THE LOVE OF READING: LETTERS TO THE CHILDREN OF MADISON HEIGHTS

Career Readiness

- Explore **Oakland County Michigan Works for Training Opportunities**.

- ATTENTION!! Are you looking to start a new career as an EMT???

The West Bloomfield Fire Department has acquired grant funding to offer PAID training to learn the skills necessary to jumpstart your future. Applications are being accepted through June 27, 2025!

For more details, please visit: <https://wbtownship.org/jobs/> and scroll down to Fire/EMS Scholar. #WBtownship #WestBloomfieldFD

- Message from Oakland County Sheriff's Office:

NOW ENROLLING: 2025 Youth Police Academy!

The Oakland County Sheriff's Office is proud to announce the 2025 Youth Police Academy, open to Oakland County students in grades 8–12!

Spots are limited, so don't wait!

For more info or to request a registration form, contact Deputy Todd Hawke at hawket@oakgov.com

Dates: June 23 – 27, 2025

Time: 9:00 AM – 5:00 PM daily

Location: Provided upon Registration

This exciting and interactive program gives students a hands-on look into the world of law enforcement, including:

- Investigations
- Dispatch
- SWAT
- Search & Rescue
- K9 demonstrations
- Leadership and teamwork building
- ...and so much more!

Whether you're thinking about a career in law enforcement or just want a behind-the-scenes look at what we do, this is the opportunity for you!



Job Opportunities

- Message from the City of Madison Heights (see flyer for more info) We're Hiring: Summer Camp Staff!

Looking for a fun and rewarding part-time summer job? Join our dynamic Madison Heights Recreation team and make this summer unforgettable for kids and staff alike! We're seeking passionate, energetic, and responsible individuals to fill various positions for camp this season.

What We're Looking For:

- A positive attitude and a love for working with kids
- Strong teamwork skills
- Ability to handle a fast-paced environment
- Previous experience in similar roles
- CPR/First Aid certification (City of Madison Heights provided upon hire)

View all open positions and apply today at: <http://www.madison-heights.org/Jobs>
<https://madisonheights.criterionhcm.com/jobs/461/1/#141> - minimum age: 18



Civic Opportunities

Calling all youth leaders ages 13–18!

Detroit PAL's Youth Voice Council (YVC) is your opportunity to lead, learn, and make a real difference in your community. Join a powerful network of young changemakers and build skills in leadership, financial literacy, time management, and more!

As a YVC member, you'll:

- Leverage your voice
- Gain mentorship and real-world experience
- Connect with leaders across Metro Detroit
- Represent PAL as a Youth Ambassador

Monthly meetings: First Wednesday of every month, 5:00–6:30pm.

Register and take your leadership to the next level!

<https://registration.teamsnap.com/form/14449>



Educational / Cultural Events

- **Safety Tip** brought to you by Madison Heights Crime Commission: "use crosswalks when able and watch for turning cars and traffic prior to crossing the street".

- **June 25: Youth Move Detroit Summer Self-Care Workshop.** Join us as we explore different ways to de-stress and relax for the summer. Participants will engage in summer-inspired activities to care for your body, minds, and emotions. Fun hands-on stations include DIY gratitude jars, breathing activities/stretches, mood-boosting crafts. Free cool summer refreshments and take-home self-care kits provided. Come solo or bring a friend! Registration: [Summer of Self-Care: Chill, Create, & Elevate](#)



- Madison Heights! Free ESL class: Conversation for Beginners, every Monday; free Citizenship Exam Preparation, register now, starts in June. More info & registration at: <https://rickydongfoundation.org/programs>

- Starting May 6th, from our CIS partners MSU Extension: FREE online parenting workshops providing guidance for parents of children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM ET as follows:

June 17: Introduction to Positive and Adverse Childhood Experiences

June 24: Unlocking the Conversation: Gun Safety for Parents

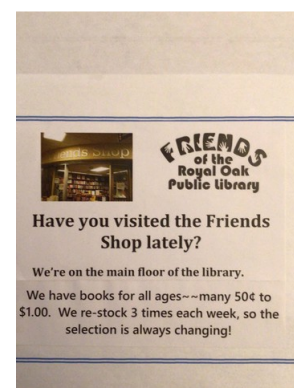
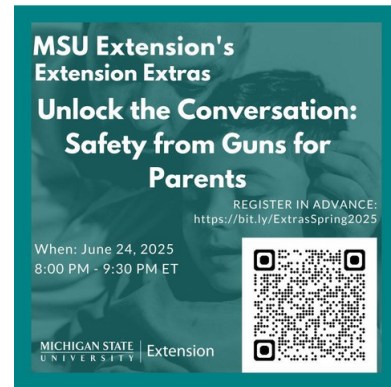
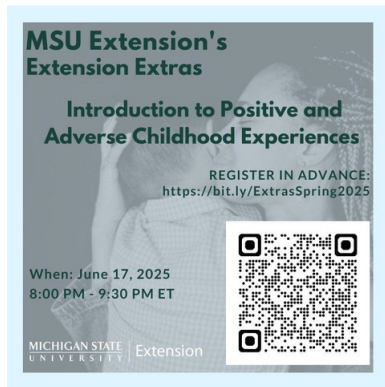
Class Times: 8:00PM to 9:30PM

Registration: [Welcome! You are invited to join a webinar: Extension Extras Parenting Hour April-June 2025. After registering, you will receive a confirmation email about joining the webinar.](#)

*Sign up for a free virtual naloxone training, so you can learn how to save a life. Next session: June 24. Sign up here: tinyurl.com/onlinenarcantraining & Learn more at fentanylawarenessday.org.

*Hearing & vision screening is required by Michigan law prior to kindergarten entry. Call 248-424-7070 for a free appointment. <https://bit.ly/3UjEo30> #OaklandCounty Public health Oakland

- Book Lovers: Check out Friends of The Royal Oak Public Library (main floor of the library) for very affordable books! 50cents to \$1.



Family Supports and Resources

Families, if you need help:

*Dial 211 to reach out to United Way Southeastern Michigan. Community Care Advocates are available 24 hours a day, seven days a week, 365 days a year to connect you to the help you need. Check their website for more info and links to resources: <https://unitedwaysem.org/get-help/>.

*Connect with the amazing local caseworker Deb Lindsey from MHYouthAssistance.

<https://www.facebook.com/MHYouthAssistance/#>,

<https://www.oakgov.com/government/courts/youth-assistance/local-offices>

- **No Cost Eye Exam & Prescription Glasses** (if needed) for children ages 4-21, sponsored by Vision To Learn, Detroit. More info & registration: <https://vtlmichigan.intakeeq.com/booking>

- **Oakland Community Health Network's Youth and Family Care Connection** offers **24/7 walk-in mental health support** for kids 17 and under. It's a calm space, real help and a plan forward. #mentalhealthmatters #youthsupport. More info: [What to Expect at the Youth and Family Care Connection in Oakland County](#)

- From Oakland County Health & Human Services: Save the date for our **Health & Housing Summer Fest!** Our family fun and resource expo is **8/5** from 11 a.m. - 2 p.m. at Normandy Oaks Park. We hope to see you there! [Oakgov.info/HHSFest](#) #HHSFest25 #OaklandCounty

- Check out **Levadeh**, a non-profit whose mission is to enrich individuals & empower communities to experience abundance by providing resources, support, & development in the areas of Health, Education, Relationships, and Ownership.

Free services, including the H.E.R.O parenting workshop. More info at: <https://www.levadeh.org/> and on the flyers.

June 26: Celebrating Wellness, Ladies Wellness Series, brought to you by Vernon Chapel Church & Levadeh. Location, [Vernon Chapel Church](#)

- Message from the **ACHC: Clear the Smoke: prevent youth marijuana use**. For more info, visit: <https://achcmi.org/resources/youth-marijuana-use>

- CNS Healthcare - Michigan is offering a new service called Walk-In Wednesdays. If you are in need of behavioral health services, feel free to drop in and complete and intake survey with no appointment needed! <https://www.cnshealthcare.org/>

- Message from our CIS partner:

Join the Parent Empowerment Center Today!

Are you a parent looking for real support and real results? The Parent Empowerment Center is your go-to hub for resources, growth, and community!

As a member, you'll receive:

One-on-one case management support!

Access to housing, employment, and education resources

Free & discounted household items through our ECOS Family Store

Exclusive business discounts

Early registration for workshops, programs & special events

Mental health resources, parenting workshops & more!

Over 1,000 families visit us each month — now it's your turn!

Join today and get connected instantly: <https://forms.gle/sVYWG3Ni2DPpYTid8>

Let's uplift, empower, and grow—together.

- The Alliance of Coalitions in partnership with Oakland County Sheriff's Office presents: **Crisis Response Unit**: resources related to mental health and substance use disorders. More info at: <https://linktr.ee/oaklandsheriff>

- Message from our community partners at MHCC (MH Community Coalition):

We're proud to partner with Alliance of Coalitions for Healthy Communities to bring lifesaving harm reduction boxes to our community. These stations provide 24/7 access to:

Naloxone (Narcan) doses

Fentanyl & Xylazine testing strips

Safe disposal kits

Educational resources

You can find them at:

Jennifer & Dequindre

Sacred Heart Madison Heights Outpatient & Wellness Services

Even though Naloxone is available OTC, cost and stigma still create barriers. These stations are free and open to anyone in need.

Help us spread the word!

- **Wellness Wednesdays**, Baldwin Center, Pontiac. Every Wednesday from 10:30 a.m. to 12:30 p.m., Oakland County residents in need of health, housing, employment and community resources are invited to enjoy a meal at the Baldwin Center, located at 212 Baldwin Ave., while connecting with services. More info at: [Wellness Wednesdays by Oakland County](#).

- Message from **Oakland Family Services**:

"Take the first step toward positive change with **SMART Recovery**! Our evidence-based, stigma-free meetings focus on self-empowerment and provide practical tools rooted in motivational and cognitive behavioral theories.

Topics Covered:

Building and maintaining motivation

Coping with urges and cravings

Managing thoughts, feelings, and behaviors

Living a balanced life

Who: Adults 18+ | Free | No registration required

For more information, contact Rachel Boyle at rboyle@ofsfamily.org.

Join us on the path to a healthier, more balanced life—we're here to support you!"

Royal Oak: Thursdays @6:30pm <https://meetings.smartrecovery.org/meetings/6614/>

Pontiac: Tuesdays @ 1pm

- Message from **MDHHS**:

No one has to face their struggles alone. If you or a loved one are feeling overwhelmed or experiencing thoughts of suicide, free confidential support is available 24/7/365.

- Every Thursday, Pontiac Public Library is offering FREE TUTORING from 5:30-7 p.m. So please bring your child/children out and let us help them be the best they can be! A light snack will also be provided.

- **Ferncare free clinic**: to become a Patient, call 248-677-2273. This is an appointment only clinic. All calls are returned within 24 hours Monday through Friday. More info at: <https://www.ferncare.org/>

- The City of Pontiac is offering **free carbon monoxide detectors** to Pontiac residents through our Carbon Monoxide Safety Program.

Click the link to apply on our website today: <https://tinyurl.com/PontiacGrants>

Applications are also available at Pontiac City Hall in the Grants and Philanthropy office.

- Buyer's Assistance Program, Oakland County Treasurer's Office. More info at: [Buyer's Assistance Program](#)

- Need help with improving your computer skills? Check out **Michigan eLibrary**. Thanks Madison Heights Public Library for the tip! More info at: [MeL Computer Skills Center](#)

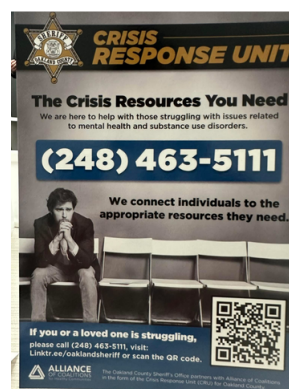
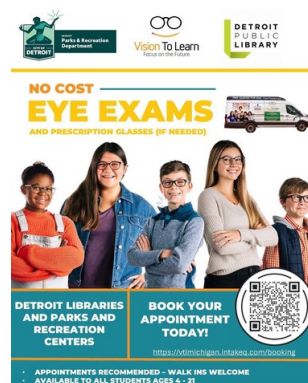
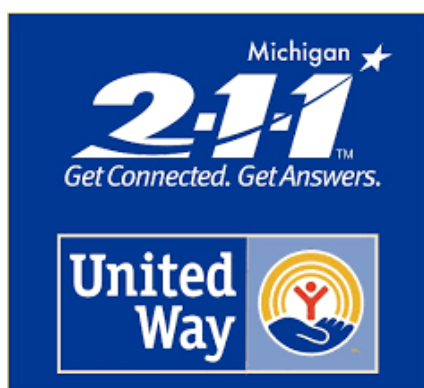
- The Hardship Assistance Program:

The Hardship Assistance Program can help eligible Oakland County residents. The program is open to Oakland County residents who get their water from a municipal water system, not a private well.

- Pay their current water or sewer bill for up to three months.
- Eliminate past-due balances.
- Pay for plumbing repairs.

For more info, visit: <https://www.oakgov.com/government/water-resources-commissioner/affordability/hardship-assistance-program>

To apply: [United Way for Southeastern Michigan Utility Assistance Application](#)



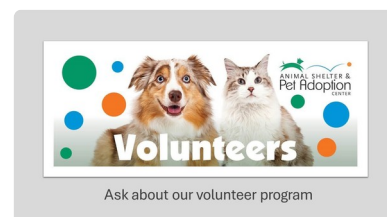


Volunteering Opportunities

- Volunteer with **Animal Shelter & Pet Adoption Center**! Looking for something to do this summer that is rewarding, fun and helps others? We are in need of volunteers to walk dogs, comfort cats and take photos/videos to help get our shelter dogs and cats adopted. Volunteering is rewarding in so many ways. You are helping our shelter dogs and cats get the always appreciated TLC while they await loving homes and not to mention this is a great way to meet new life long friends with other volunteers. For more info, email:

petadoption@oakgov.com

<https://www.oakgov.com/community/pet-adoption/pet-adoption-center/volunteer>



- Volunteer with Madison Heights Public Library! **Volunteens** is **every last Thursday of the month!** Get recorded volunteer hours, a snack and help our library!

- Volunteer with Lighthouse. More info and registration at: [Volunteer with Lighthouse](#)

- Volunteer with **Oakland Literacy Council**. Schedule an info session at: [Oakland Literacy Council online info sessions](#). Next sessions June 17 & 25. More info at: [Become a Tutor](#)



Basic Needs & Local Food Pantries

JUNE

Families! Make sure you check these 2 links for updates on food pantry schedules this summer:

<https://www.forgottenharvest.org/find-food/?> & <https://pantrynet.org/mobile-distribution-events/>.

Type your zipcode to find a food pantry near you: <https://pantrynet.org/>

Sun Bucks: Michigan Summer EBT program to help families buy food for their school-aged children during the summer. Families will get \$120 for each eligible child to buy groceries during the summer. Children who get Michigan Summer EBT can still participate in other summer meal programs. For more info, check: <https://www.michigan.gov/mdhhs/assistance-programs/food/summer-ebt> and the flyer.

MH Food Pantry, 1529 E 12 Mile Rd, Madison Heights, MI 48071, Central Church - upcoming dates on Saturdays (10:30am-12pm): 6/21, 7/12, 7/26, 8/9, 8/23

F.O.R HELPLINE (see flyer). More info at:

<https://www.fbcmich.org/food-resources-helpline>

If you are in need of assistance, contact the F.O.R. Helpline by calling 1-888-544-8773.

Pontiac Pop-Up Pantries. See flyer for more info.

WoodWard Outreach: **Free meals every Monday and Friday** from 1:00pm to 2:30pm, [First United Methodist Church of Ferndale](#).

Gleaners Mobile Food Distribution

<https://pantrynet.org/mobile-distribution-events/>

Please check the Gleaners Drive-Up Distribution Reminders for a safe and smooth process!

Wednesday 6/18:

4:30pm - 6:30pm Fresh Market at Western International High School (Drive-Up Only)

[1500 Scotten St Detroit, MI 48209](#)

Thursday 6/19:

9:00am - 11:00am MISide (formerly Southwest Solutions at St. Anthony's) (Drive-Up Only)

[3553 West Vernor Hwy. Detroit, MI 48216](#)

2:00pm - 4:00pm Oakland Hope (Drive-Up Only)

[20 E. Walton Blvd Pontiac, MI 48340](#)

Friday 6/20:

9:00am - 10:30am New Paradigm School – NEW TIME (Drive-Up Only)

[4001 29th Street Detroit, MI 48210](#)

1:30pm - 3:30pm Urban Neighborhood Initiative – NEW TIME (Drive-Up Only)

[8300 Longworth Street Detroit, MI 48209](#)

Monday 6/23:

9:00am - 11:00am Our Lady Queen of Angels (Drive-Up Only)

[4200 Martin Street Detroit, MI 48210](#)

2:00pm - 4:00pm Fresh! by Gleaners – Community Mobile (Drive-Up Only)

[4401 E 8 Mile Rd Warren, MI 48091](#)

Tuesday 6/24:

2:00pm - 4pm New Temporary Location - Macomb Community College (South Campus Parking Lots 7 & 8 – Enter off Hayes Street) (Drive-Up Only) [14500 12 Mile Rd. Warren, MI 48088](#)

Forgotten Harvest: <https://www.forgottenharvest.org/find-food/>



Thursday 6/19: ALL Pantries will be CLOSED in observance of Juneteenth.

Friday 6/20:

New St. Paul Missionary Baptist (21050 Ascension Ave, Warren 48089) 9– 11:00 AM

Unify Detroit/St. John Presbyterian Church (1961 East Lafayette, Detroit 48207) 9– 11:00 AM

Body Of Christ International (9555 St. Mary's St, Detroit 48227) – Friday 9:00 AM – 12:00 PM

Triumph Church (2760 E. Grand Blvd, Detroit 48211) – Friday 9:00 AM – 12:00 PM

Saturday 6/21:

Greater Emmanuel Institutional C.O.G.I.C (19190 Schaefer, Detroit 48235) –12:00 – 2:00 PM

2025 COMMUNITY MOBILE DRIVE-UP FREE FOOD DISTRIBUTION

Oakland County Farmers Market

2350 Pontiac Lake Rd
Waterford, MI 48328

Wednesdays (bi-weekly)
9:00 - 11:00 a.m.

1/8, 1/22, 2/5, 2/19, 3/5,
3/19, 4/2, 4/16, 4/30,
5/14, 5/28, 6/11, 6/25,
7/9, 7/23, 8/6, 8/20, 9/3,
9/17

DRIVE-UP ONLY — Stay in your vehicle, and groceries will be placed into your trunk.

35 POUNDS OF GROCERIES — Items like milk, fresh fruit, vegetables, lean protein and other shelf-stable items.

NO APPOINTMENT NEEDED — You do not need to bring identification or proof of eligibility to receive food. You do need to provide name, address, number of people living in the household, and number of children living in the household.

GUIDELINES — To respect our neighborhoods, please arrive no earlier than 1 hour before distribution start times. Early arrivals may be asked to return later.

AVAILABILITY — If you wish to pick up for another household you may do so without their presence in the car, however, you will need to provide information for each household. We allow up to 4 households per vehicle.

FASTER SERVICE — Get a free Link2Feed card that saves your household info and makes pickup quick and easy. Sign up online at: <http://foodbankhelp.link2feed.com/> or ask for a card in person.





This institution is an equal opportunity provider.

F.O.R. HELPLINE

Food and Other Resources



For help finding a food pantry, assistance in applying for SNAP benefits or referrals to other resources, call

1-888-544-8773

Operated by the Food Bank Council of Michigan
Funded in part by the Michigan Department of Health and Human Services

Madison Heights Food Pantry

"Look for the Helpers"

NONPERSHUSABLE DONATION LOCATIONS:

- *Central Church, bin at the east entrance, 1529 E. 12 Mile Road
- *Century 21, 1186 E. 12 Mile Road
- *Pharmacy Shop, 28411 Desperado, inside the building
- *St. Patrick's Episcopal Church, 1434 E. 13 Mile Road
- *Madison Heights City Hall, south side of south street from 8:00 am to 4:30 pm


Located at Central Church
1529 E. 12 Mile, Madison Hts, MI

Drive-up Saturdays
10:30 am – 12:00 pm



Jan 4 & 18	Jul 12 & 26
Feb 1 & 15	Aug 9 & 23
Mar 8 & 22	Sep 6 & 20
Apr 5 & 19	Oct 4 & 18
May 3 & 17	Nov 8 & 22
Jun 7 & 21	Dec 6 & 20

PONTIAC POP-UP PANTRIES

Courtesy of Sprout Fresh Food Store & The Farm at Trinity Health
This information was gathered in September 2024. Information is subject to change. Please check with individual organizations phone number or website to ensure hours of operation.

For more information about Healthy Pontiac We Can't, scan here: 

LOCATION	DAY	TIME	WHAT'S OFFERED	PAYMENT TYPES
Bowers Senior Center 52 Bagley St • Pontiac 248-755-5405	Tuesday	11:00 AM - 12:30 PM	Fresh Produce	Cash or Card
The Farm and Food Hub at Trinity Hospital 44425 Woodward Ave • Pontiac 979/madisonheights.org/health • 248-656-6375	Wednesday (Bk) Spel - McChesler	3:00 PM - 6:00 PM	Fresh Produce	Cash, Card or EBT/SNAP
Trinity Health Oakland Lighthouse Pantry 44429 Woodward Ave • Pontiac 979/madisonheights.org/health • 248-656-6375	Wednesday (Bk) Spel - McChesler	3:00 PM - 6:00 PM	Fresh Produce & Pantry Staples	No Cost
The Woodward Professional Building 44429 Woodward Ave • Pontiac 979/madisonheights.org/health • 248-656-6375	Monday - Friday	Call to schedule an appointment	Pantry Staples	No Cost
OLHSA 190 Cesar E. Chavez Ave • Pontiac 248-205-2900	Thursday (Bk) Spel - Panting	10:00 AM - 11:00 AM	Fresh Produce	Cash or Card
Ruth Peterson Senior Center 990 Jordan Rd • Pontiac 248-785-3277	Thursday	12:30 PM - 1:30 PM	Fresh Produce	Cash or Card
Village of Oakland Woods 428 S. Quylene Rd • Pontiac 248-534-4376	Friday	11:00 AM - 12:00 PM	Fresh Produce	Cash or Card

 healthyontiac.mi  healthyontiac.org



Principal Cauley & AP Helchowski